

Norovirus

Clean and disinfect safely

1. Clean vomit or poop.

- Put on gloves, mask, eye protection, and protective clothing.
- Apply an absorbent material—like kitty litter, oatmeal, or sawdust—over the vomit or poop.
- Scoop up absorbent material, place in a plastic bag, and tie the bag closed.
- Discard bag in a covered garbage container.

2. Disinfect surfaces.

- Mix a 1:10 solution of household bleach: Add 1 cup household bleach to 10 cups room temperature water.
- Apply bleach solution to hard, nonporous surfaces. Leave on the surface for 10 minutes. Then rinse with water and allow the area to air dry.

3. Clean soiled carpet.

- Steam clean soiled carpet at 160°F for 5 minutes.

4. Wash soiled items.

- Carefully handle clothes or linens soiled with vomit or poop. Wash soiled items with detergent in hot water, then machine dry thoroughly.

Alternative disinfectants

Instead of bleach, you can use a disinfectant registered with the Environmental Protection Agency as effective against norovirus.

Scan the QR code to see a list.

Be sure to follow the manufacturer's recommendations.

*Note: Quaternary ammonium- (quat-) based sanitizers often found in schools are **not** effective against norovirus.*



During an outbreak of vomiting and diarrhea, increase routine sanitation of frequently touched surfaces.

- Make a fresh household bleach solution every day: Add 1 tablespoon bleach to 1 quart water.
- Apply bleach solution to hard, nonporous surfaces. Leave on the surface for at least 2 minutes. Then wipe dry or let air dry.
- Use this solution often to sanitize frequently touched surfaces—like faucets, handles, doorknobs, handrails, and desktops—until the outbreak is over.

Remember

Always wear disposable gloves, mask, eye protection, and protective clothing while cleaning.

Always clean vomit and poop **before** disinfecting surfaces, cleaning carpet, and washing soiled items.

Never mix bleach with ammonia or other chemicals.

Learn more at tpchd.org/norovirus