

# Hepatitis A

Health warning for people living homeless

## Hepatitis A is spreading in people living homeless in the United States.

### What is it?

Hepatitis A:

- Is a virus.
- Can spread easily.
- Can cause severe liver damage.

### How does it spread?

Hepatitis A is in the poop of someone with hepatitis A. If they haven't washed their hands after using the toilet, the germs can spread on things they touch.



Germs from poop.



Sharing contaminated food.



Touching contaminated objects.



Sex with someone who has hepatitis A.



Sharing drug items.

### Symptoms of hepatitis A



Fatigue, fever.



Nausea, stomach pain, vomiting, no appetite, dark pee, pale poop and diarrhea.



Jaundice (yellow skin and eyes).

Hepatitis A is more serious for people with hepatitis C, diabetes or other health problems.

**Prevent hepatitis A. Get the shot.**  
**Wash your hands or use hand sanitizer.**

### How to get help

If you think you might have hepatitis A, see your doctor or go to the emergency room. Talk to your doctor or medical service staff about getting the hepatitis A shot. Most pharmacies also offer the hepatitis A shot.