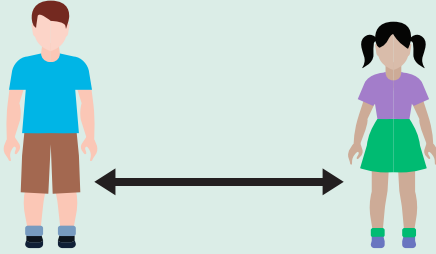


# COVID-19 Guidance

For Child Care Facilities

## Prevent the spread of COVID-19.



### Encourage physical distancing.

Choose activities that allow more physical space between children.

## Sick people must stay home.

### Review your sick leave policies.

Make sure employees and children aren't sick when they arrive.



### Check for symptoms.

Fever, chills, cough, shortness of breath, fatigue, muscle pain, headache, loss of taste or smell, sore throat, stuffy or runny nose\*, nausea, vomiting, diarrhea.

*\*Testing and isolation isn't required if the child is:*

- Under the age of 2.
- Only has congestion or a runny nose.
- The congestion or runny nose doesn't last more than 5 days or get worse.

**Anyone with symptoms should isolate and get tested. If they're positive, they should isolate for at least 5 days.**

## Clean frequently.

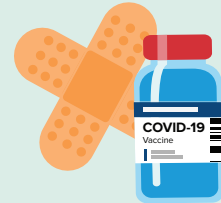


### Wipe down surfaces people touch often.

Like light switches, remotes, door handles, phones, countertops, tables and toys. Put away toys that are hard to clean.

Disinfect when there is an outbreak.

## Promote health.



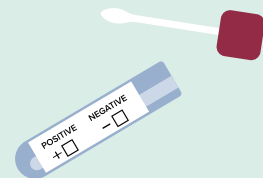
### Encourage employees to get vaccinated.

Provide time off and links to vaccine clinics.



### Frequently wash your hands with soap and warm water.

Scrub for 20 seconds.



### Test immediately if you are exposed to someone with COVID-19.

Repeat testing every 24–48 hours for 5 days after exposure.



### Cough or sneeze into a tissue or your elbow.

Throw used tissues in the trash and wash your hands right away.