

# COVID-19

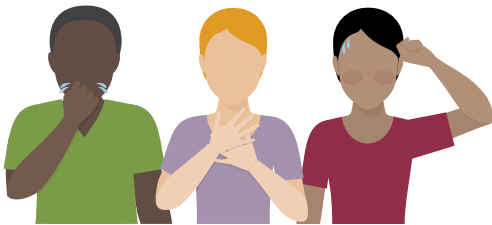
## COVID-19 nge ew minafon semwenin coronavirus.

Mi tongeni forata ekis semwen usun kar ika semwen watte usun pneumonia.

A fetan non chochonun non asepan non an emon mi semwen a nau, mwasi ika fos.



## Sainen



Pwichikar, fou, nau, ngasepwuch, metekitek, metekin mwason, metekin mokur, kese chuen sinei nanan mwongo ika tinin, metekin non chior, mwong ika sereno potum, eningaw, mus, ika fein seni.

Ika mei wor reomw ekei esisinen samwau, iwe kopwe angei tes. Fér omw apwointmen ren noumw tokter ika kuta ew nenien tes wón [tpchd.org/gettested](http://tpchd.org/gettested).



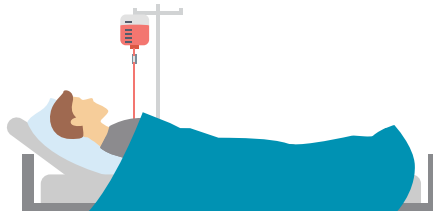
## Mi mecheres epwe torir semwen watte



Ler 65 me wattenno.



Nonomw non nenien tumwun.



Mi pusin wor semwenin non inisum ika mi apwangapwang omw apetin semwen.

## Aukano fetanen COVID-19.



Angei apwos.



Aea tukutukun wón maas.



Nomwetiwi non imw ika en mi samwau.

## Tumwunu manawom.

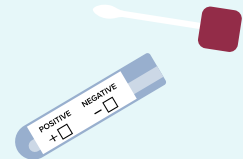
Ika mwo pwe a unus omw apwos nge kopwe chok sopwenó me féri ekei:



Tonu poumw ngeni sop me konik esapw pat. Tonu non 20 sekon.



Apeti omw nau me omw mwasi. Aia chirikami ika poumw.



Angei tes ika pwe ke nomw unukun emon mi úri COVID-19. 3–5 ran murin omw nomw unukun emon mi samwau.



Apwouetai anuk fan iten tukutukun wón maas. En mei niit omw kopwe aea tukutukun wón maas non ekewe neni ika imw me pwan nupwen omw nomw nein chomwongun aramas núkún.



Tacoma-Pierce County

# Health Department

Healthy People in Healthy Communities

Kaew sopwosopwun porous ikan [tpchd.org/coronavirus](http://tpchd.org/coronavirus).