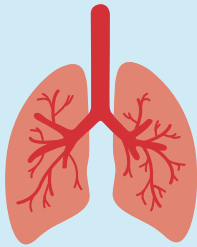


# Let's be **IDLE FREE**

**253**



## Why be idle free?



### For your health.

Idling fumes can cause serious diseases like asthma, heart disease, chronic bronchitis, and cancer.



### Protect the planet.

Idling cars release harmful chemicals, gasses, and pollutants that contribute to regional haze and global climate change.



### Save fuel and money.

It takes less gas to restart your engine than to idle for 10 seconds or longer.

## Help us all breathe clean air!

### Ways to be idle free:

- Turn off your engine if you are waiting more than 10 seconds.
- Warm up your engine by driving your car.
- On cold or hot days, idle for a few minutes to warm or cool the car then turn the engine off until needed again.

In partnership with:



DEPARTMENT OF  
**ECOLOGY**  
State of Washington



Learn more at [tpchd.org/idlefree253](https://tpchd.org/idlefree253)

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Tacoma-Pierce County  
**Health Department**  
*Healthy People in Healthy Communities*