

Keep your health room safe and clean.

Follow these tips to help keep students and staff healthy.



Fix small holes and tears on sick beds.

Only patch with tape until you can repair beds—tape traps bacteria. Use a vinyl repair kit to make the surface smooth and easy to clean.



Follow directions on labels.

Sanitizers and disinfectants need different times to work, some up to 10 minutes. The surface must be wet the entire time to kill germs.



Make sure your room (and bathroom) have negative air pressure.

Vents should draw out air through an exhaust fan. Otherwise air may end up in nearby rooms and make people sick.



Don't bring in your own cleaners.

Check with your custodian for district-approved products available for your use.



Check what your sanitizers and disinfectants kill.

Many products claim to kill 99.9% of viruses and bacteria. But some aren't effective against common viruses like norovirus.



Wash blankets and pillowcases after each use.

Control the spread of illness or pests, like head lice and bed bugs. Wash bedding in hot water and dry on high heat.



Use fragrance-free cleaners and wipes.

Scented products can trigger asthma attacks, allergies and headaches.



Use the right method for the task.

Clean to:

Remove dirt and some germs.

Sanitize to:

Reduce the number of germs.

Disinfect to:

Kill most germs.

These products must be registered with the EPA.

Questions?

Contact communitysafety@tpchd.org or (253) 649-1713

Rev. Nov. 7, 2022