



Pregnant? Nursing a child?

What you should know about COVID-19 vaccine.

If you are pregnant and get COVID-19, you are more likely to:

- Need hospital or ICU care for yourself or your baby.
- Give birth prematurely.
- Lose your baby or die during pregnancy.

We recommend you ask your healthcare provider about COVID-19 vaccine.

You are eligible to get COVID-19 vaccine if you are pregnant or nursing. You need adult consent if you are under age 18.

Studies show COVID-19 vaccines:

- Lower risk to you and your baby.
- Are equally safe during each trimester of pregnancy.
- Provide passive protection to your baby through breast milk for up to 6 months.
- Aren't linked to any specific risks during pregnancy.

If you're pregnant, get vaccinated to



protect you and your baby. 83% of babies hospitalized for COVID-19 were born to unvaccinated mothers.

Professional groups representing doctors, nurses, and midwives who specialize in care during and after pregnancy strongly support COVID-19 vaccines.

Get vaccinated and stay up to date with boosters.

Those who are pregnant, trying to get pregnant, or nursing a child may choose to get any COVID-19 vaccine.

Who can get vaccine?

Vaccine	Primary series	Original booster (monovalent)	Updated booster (bivalent)
Pfizer	6 months or older.	5–11 years.	12 years or older.
Moderna	6 months or older.	5–11 years.	18 years or older.
Novavax	18 years or older.	—	—

Everyone 5 years or older should get a booster dose.

All 3 vaccines provide excellent protection against severe illness or death from COVID-19.

FDA limited use of Johnson & Johnson (J&J) vaccine because of the very rare risk of blood clots. You may still be eligible to get J&J if you can't get the other

COVID-19 vaccines don't cause infertility or other important changes to reproductive health. Safety surveys identified at least 4,800 people with a positive pregnancy test within a month of vaccination.



Learn more about COVID-19 vaccine and find vaccine events at tpchd.org/vaxtothefuture.