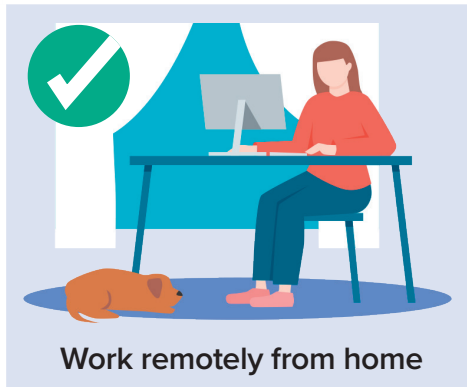
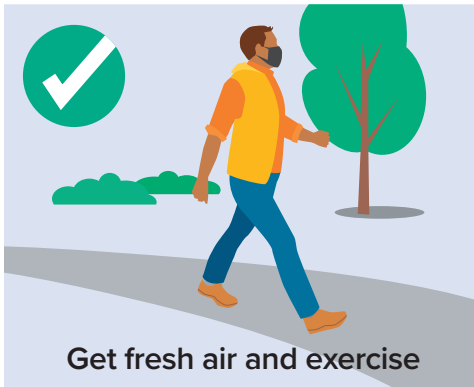
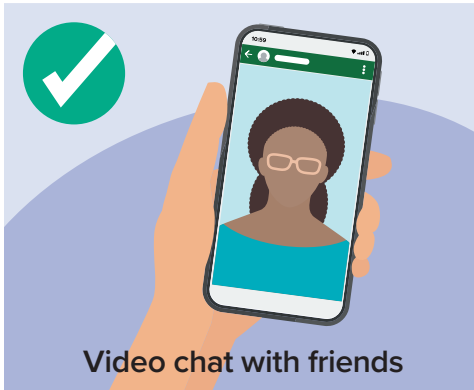


# What can I do and not do during quarantine?

 CAN DO

 LIMIT

 CAN'T DO



\*Need assistance with supplies? Call (253) 377-4692.

\*\*If participating in Test to Stay, you can go to in-person class.

**If you must leave your house during quarantine, wear a mask.**

Remember to monitor your health and watch for symptoms. If symptoms develop, call your healthcare provider and get tested. Find testing locations at [tpchd.org/gettested](https://tpchd.org/gettested)