Contact Investigation for COVID-19

1. Our investigation starts when we receive a positive test result from a healthcare provider or the Washington State Department of Health.

2. We check in with the sick person to see how they are.
   We ask them to stay home for at least 5 days after their symptoms started. They can return on day 6 if they wear a mask on days 6–10 or return without a mask if they test negative after day 5.

3. We ask them:
   • When their symptoms started.
   • Where they have been.
   • Who they had close contact with.
   • What healthcare facilities they visited.

   We also offer them resources.

COVID-19 symptoms can be severe or mild.

Symptoms can take 2-14 days to appear.

Fever, chills, cough, shortness of breath, fatigue, muscle pain, headache, loss of taste or smell, sore throat, stuffy or runny nose, nausea, vomiting, diarrhea.

People with symptoms should:

• Stay home.
• Separate themselves from others.
• Monitor their health.

Call a health provider if your symptoms get worse.

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Learn more and stay updated at tpchd.org/coronavirus.