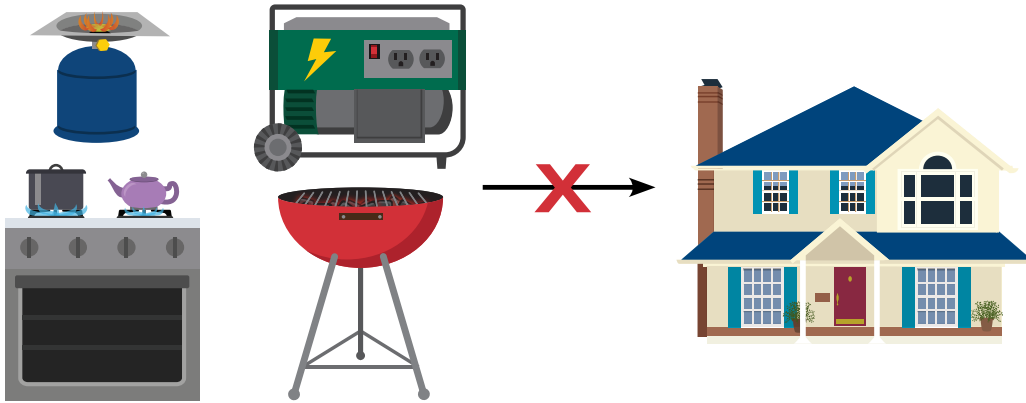


Power Outages: Home

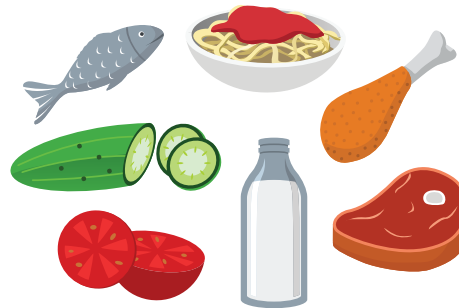
What to do when the power goes out.



Never use gas ovens, gas ranges, barbecues or portable or propane heaters inside. They create carbon monoxide which can cause suffocation.



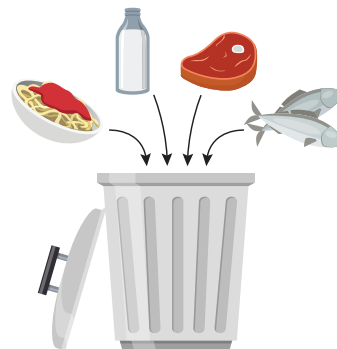
Keep refrigerator and freezer doors closed. Add blocks or bags of ice.



Use up foods that spoil rapidly first.

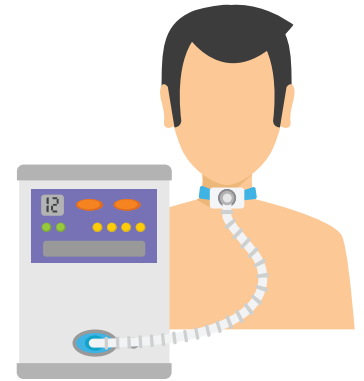


Be careful with food stored outside. Temperatures change, and when food warms up bacteria can grow. Secure foods to prevent contamination by animals.



Throw out meat, seafood, dairy products and cooked food that's no longer cold. Don't taste food to see if it's safe. If in doubt, throw it out.

Prepare for power outages.



Register life-sustaining and medical equipment with your utility company.



Create an emergency kit with a battery-powered radio, light sources and extra batteries.



Tacoma-Pierce County
Health Department
Healthy People in Healthy Communities

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