หลักเลี้ยงการปนเปื้อนช้ำม

 Converted Image Description: The image illustrates the correct and incorrect ways of preparing food to prevent cross-contamination. On the left, there are images of raw meat and knives, which are shown as correct by a green checkmark. In the center, there is a sink with cleaning items, indicating the importance of washing. On the right, there is a clean knife and a carrot, also marked as correct. The bottom part shows the incorrect method, with a dirty knife and a dirtied carrot, marked with a red cross.