

Treating opioid use disorder

Medications for opioid use disorder (MOUD) are FDA-approved medications that can help reduce or stop opioid use. They ease withdrawal symptoms and curb cravings without producing the intense high associated with opioids. Our MOUD options include:

- Methadone
- Suboxone
- Sublocade
- Brixadi
- Vivitrol

Does it work?

Research shows MOUDs can reduce opioid use. People with opioid use disorder who receive MOUDs are less likely to:

- Die or overdose.
- Engage in behaviors that put them at risk for HIV or hepatitis C virus infection.
- Relapse and overdose after release from prison or jail.
- Have an overdose following incarceration.



Let us help you begin your path toward recovery.

We provide hope and support.

Patient-centered services

- Medications for opioid use disorder.
- Substance use disorder treatment.
- Group and individual counseling.
- Ongoing care and follow-up.
- Health education.
- Resources and referrals.
- Narcan (naloxone).

How to get help

Walk in to the Pacific Ave. entrances of Tacoma-Pierce County Health Department and ask for services or call (253) 649-1406. Our goal is same-day medication.

Hours

Medication

Monday–Friday, 5–11:30 a.m.

Saturday, 5–8:30 a.m.

Clinic

Monday–Friday, 5 a.m.–1:30 p.m.

Treatment Services

3629 S. D St.

Tacoma, WA 98418

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Ready to start your path toward recovery?

Facts, info & resources about medications for opioid use disorder.





Medications available at Treatment Services for opioid use disorder

Reduce opioid cravings and withdrawal.

Methadone

Long-acting opioid agonist.

Liquid, daily dose

Suboxone (Buprenorphine)

Partial opioid agonist.

Oral film, daily dose

Sublocade (Buprenorphine)

Partial opioid agonist.

Subcutaneous injection by a medical provider, monthly dose

Brixadi (Buprenorphine)

Partial opioid agonist.

Subcutaneous injection by a medical provider, weekly or monthly dose

Vivitrol (Naltrexone)

Blocks opioid receptors, preventing opioids from causing feelings of pleasure and helping to reduce cravings. You must stop taking opioids for 7–10 days before starting Vivitrol.

Intramuscular injection by a medical provider, monthly dose

Rights & responsibilities

When you get treatment for substance use disorder (SUD), you have the right to protect your privacy, give informed consent, and access quality care. You have the right to be treated with dignity and respect, and to take an active role in shaping your treatment plan.

Where to begin

1

Assessment

You'll meet with one of our counselors to talk about your substance use history. Our medical provider will complete a physical exam.

2

Toxicology screen

Before your first medication, you'll provide a urine sample for a toxicology screen.

3

Medication

To keep you safe, we'll give you a lower starting amount of medication the first time. You'll visit our clinic provider weekly to work toward a stable medication amount.

4

Confidentiality

People in treatment are protected by Federal Confidentiality Regulations. We can't tell anyone you're in treatment unless you authorize it.

We accept Medicaid, Medicare, and some private insurances.

Maintenance

1

Take-home medication

To start, you'll come to the clinic daily. You'll work with your counselor to get take-home medication to help reduce your time in the clinic.

2

Safety & storage

MOUDs could seriously harm or kill someone who has no tolerance for the medication. You must store your medication in a locked box.

3

Toxicology screens

Routine urine samples or oral fluids show illicit or inappropriate drug use. A positive test won't end your treatment but could delay additional take-home medication.

4

Pregnancy

MOUD treatment is safe for pregnancy and breastfeeding. It's possible for some babies to experience neonatal abstinence syndrome after birth. Our counselors will support you through pregnancy and postpartum.

